

Joint Committee Issue Document

NOTE: An issue document may be submitted at any time – it comprises two parts: the cover sheet (this page) and a description of the issue to be submitted to the Joint Committee (following page). A separate issue form is required for each issue submitted. Issue papers include proposals for modification of a standard, information reports and (of current research, etc.). An issue paper shall be categorized as being for ACTION or for INFORMATION. Submitters should limit the Issue Paper to 1 or 2 pages – attachments detailing full recommendations or background information may be attached with supplementary information. The Chairperson of the appropriate Joint Committee will respond within 30 days of receipt of the issue document advising what steps will be taken. Any issue document intended for discussion at a Joint Committee meeting must be received at least 21 days prior to the meeting to ensure inclusion in the agenda.

Submit to:

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Signature of Submitter * Jacob Larson Date Revised 04-27-2015

*Type written name will suffice as signature

Please insert a check (X) in the appropriate place to indicate if you wish the item to be considered as an action item or as an information item.

Action X Information

NSF Standard(s) Impacted: NSF/ANSI 173

Issue Statement:

Provide a concise statement of the issue, which reference as appropriate any specific section(s) of the standard(s) that are related to the issue.

Due to the increase in the number of dietary supplements that contain caffeine, coupled with the increasing amounts of caffeine being added, there is a need to set a limit and verify the amount of caffeine present.

Background:

Provide a brief background statement indicating the cause and nature of concern, the impacts identified relevant to public health, public understanding, etc, and any other reason why the issue should be considered by the Committee.

After reviewing data, as well as policies, of other groups such as Health Canada, AHPA and EFSA, NSF has determined that a caffeine limit of 200 mg/serving is appropriate. Also, for products that recommend multiple doses per day, a limit of 400 mg/day is being recommended, as it has not been associated with adverse effects in the general population.

See attachments for background information.

Recommendation:

*If action by the Joint Committee is being requested, clearly state what action is needed: e.g., recommended changes to the standard(s) including the current text of the relevant section(s) indicating deletions by use of ~~strike-out~~ and additions by **highlighting** or underlining; e.g., reference of the issue to a Task Force for detailed consideration; etc. If recommended text changes are more than a half page, please attach a separate document.*

5.6 Caffeine

Supplements containing caffeine or making a caffeine claim shall be tested to verify the label claim is correct and that the recommended dose does not exceed 200 mg/serving. For products that suggest multiple daily doses, a daily limit of 400 mg/day is the maximum allowed under this standard.

Supplementary Materials (photographs, diagrams, reports, etc.):

If not provided electronically, the submitter will be responsible to have sufficient copies to distribute to committee members.

Submitter Jacob Larson

Date: 04/27/2015